



FAIRFAX COUNTY PARK AUTHORITY

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For Immediate Release

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Food for Thought Symposium Set for Historic Mill

Food for Thought is a one-day symposium at Colvin Run Mill, the Fairfax County Park Authority's restored, operational 19th century water-powered gristmill. It's a perfect setting for participants interested in the colonial laws that regulated coopers, as well as exploration of the relationship between food and American Women throughout history.

Speakers include Laura Schenone, the author of *A Thousand Years Over a Hot Stove: A History of American Women Told Through Food, Recipes, and Rememberances*, winner of the 2004 James Beard Book Award. Her feature articles have appeared in magazines and food sections of national newspapers and she is a frequent guest on several radio programs.

Also speaking at the program is Ron Raiselis who has been a cooper at Strawberry Banke Museum in Portsmouth, New Hampshire since 1985. He is a master of his craft, specializing in making museum reproductions such as pails, barrels and kegs.

Mason Maddox will also speak at the April symposium bringing nearly a decade of experience as the miller at Colvin Run Mill Historic Site to bear. Over the past nine years Maddox, a gifted carpenter has developed into a miller of national acclaim and reputation.

The symposium is scheduled for Monday, April 24, 2006 from 9 a.m. until 3:30 p.m. at the mill located at 10017 Colvin Run Road in Great Falls, VA. The registration fee is \$45 and includes lunch. After April 19, 2006 registration costs \$55 per person. For information and registration call 703-759-2771

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